

leading the way

WASHINGTON UNIVERSITY PLASTIC SURGEONS AND DERMATOLOGISTS
LEAD THE WAY IN DEVELOPING AND PERFECTING COSMETIC
TECHNIQUES THAT ARE PRACTICED ACROSS THE GLOBE.

They join their peers—more than 900 board-certified physicians and surgeons at the School of Medicine—who transform discoveries in medicine to true advances in patient care. Many are repeatedly featured in top peer-ranking surveys, like America's Top Doctors and The Best Doctors in America.

Ranked by U.S. News & World Report as one of the top two medical schools in the nation, Washington University provides patients with proven experience in more than 50 medical specialties.

These distinctions provide assurance that our patients receive the best of care, have access to the latest technology and are treated with compassion and respect.



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 **Washington University Physicians**
Washington University School of Medicine in St. Louis

the art of cosmetic surgery

Dr. James B. Lowe admits it's impossible to achieve perfection. But that will never stop him from striving for it. His philosophy is simple: Cosmetic surgery is creative problem solving.



BOARD CERTIFICATION

American Board of Plastic Surgery
American Board of Surgery

MEDICAL DEGREE

University of Oklahoma

GENERAL SURGERY RESIDENCY

University of Texas Health Science Center

PLASTIC SURGERY RESIDENCY

University of Texas Southwestern

HAND/MICROSURGERY FELLOWSHIP

Washington University School of Medicine

AREAS OF EXPERTISE

Body Sculpting
Brow and Eye Lifts
Ethnic Preservation in Cosmetic Surgery
Face and Midface Lifts
Facial Rejuvenation

LOCATION

St. Louis, Missouri

Meet Dr. Jim Lowe. He is shown here with colleagues from Washington University Plastic and Reconstructive Surgery Division: Dr. Keith E. Brandt, expert in microvascular breast reconstruction following mastectomy and breast reduction, and Dr. Susan E. MacKinnon, chief of the division and acknowledged worldwide for peripheral nerve transplants and hand surgery.

Whether it's a divot, wrinkle or excess skin, the first step is to fully understand the patient's cosmetic and anatomical problem," Dr. Lowe explains. "I analyze all the options, explain the risks involved and then strive for the optimal aesthetic result. As chief of cosmetic plastic surgery at Washington University and Barnes-Jewish Hospital, Dr. Lowe is able to offer his patients the latest treatments and the most-advanced operating facilities.

In addition to two residencies (in general surgery and plastic reconstructive surgery) and a fellowship in hand/microsurgery, Dr. Lowe is board-certified by the American Board of Plastic Surgery. These attest to his proven ability in both the cosmetic and the functional reconstruction of the face, head and neck, abdomen and extremities of the body. The author of many articles in professional journals and the recipient of numerous awards throughout his career, Dr. Lowe is sought after by the national media for his expertise, especially in preserving ethnicity in facial plastic surgery. What draws him to academic medicine, he explains, is the opportunity to leave his "footprint on the field" by developing innovative techniques and leading ground-breaking research on facial plastic surgery. 314-362-4263 or newbeauty.com/lowe.

DR. JAMES B. LOWE

ONE WORD THAT DESCRIBES YOUR BEDSIDE MANNER Honest **OPERATING-ROOM STYLE** It's so important to be 100 percent focused in the OR. I go into this zone and nothing can distract me **ALTERNATIVE OCCUPATION** Sculptor or carpenter **PLACE YOU GO TO ESCAPE THE OFFICE** My family's ranch in Oklahoma **WHAT ONE LIFESTYLE CHANGE COULD MOST BENEFIT OUR HEALTH** Stop worrying **HOW MANY HOURS A WEEK DO YOU WORK** 80



PRESERVING ETHNIC BEAUTY

Dr. Lowe and his colleagues are among only a handful of scientists worldwide studying how to preserve ethnicity in plastic surgery. By measuring and studying the positions of facial features—lips, brows, cheekbones, noses—in African-Americans, Middle Easterners, Hispanics, Native Americans, and Asians, Dr. Lowe aims to define "a standard of beauty" for major ethnic groups. "Today, beauty transcends race and color and is truly dependent on the harmonious relationship of a person's facial features," he says. "Our goal is to probe the depths of what is **AESTHETICALLY PLEASING** for each group." While Dr. Lowe's research and clinical practice focuses on face and midface rejuvenating procedures, he also specializes in liposuction, tissue fillers and breast augmentation. "With every procedure, whether it's lip augmentation or extensive facial plastic surgery, there is an amazing **ARTISTIC OPPORTUNITY** to make a profound difference in the lives of my patients," he says. "They are extremely grateful, and that is incredibly rewarding."